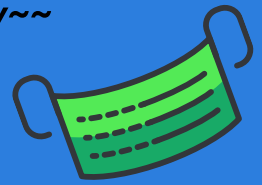
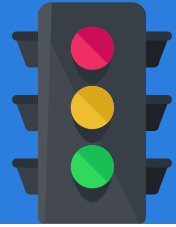


What type of mask should I wear?

*Having the right mask ~and wearing it correctly~
makes all the difference
in preventing the spread of COVID19*



Not all masks are created equal. Actually, the more "breathable" a mask is, the less it protects people from COVID19. Make sure your mask fits tightly and does not let air escape. If you hold it up to the light, you should not be able to see through it.

**N95
or KN95**

**Cloth masks with
2-3 layers of cloth
or
Surgical masks**

**Gaiter
Bandana
or other
1 layer mask**

**Face
shields**

**Mesh masks or
masks with
vents or air
valves**



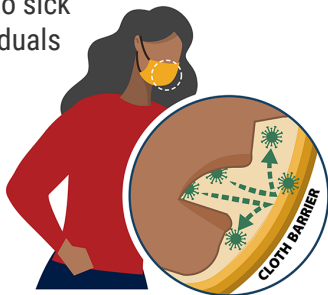
Specifically filters out COVID19 particles. Used for nurses and other medical workers providing care to sick individuals

When they fit properly, these are the best masks to use for every day protection.

Catch big droplets, but small droplets can get through. And, pulling them down and up makes it easier for you to infect yourself with COVID19

Have no filter. Droplets can get in on the sides and through the bottom.

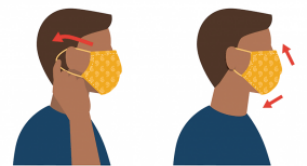
Droplets easily come in and get released out



The purpose of a mask is to prevent you from expelling droplets that could infect other people. To be effective, your mask must catch big droplets, as well as very small ones.



Cover your nose, chin, and mouth at all times.
Don't touch the outside of your mask.



Make sure your mask fits properly. When you breathe, you should not feel much air coming out of the top or sides of your mask. The better the fit, the less likely droplets will escape from the mask.

Stop the spread of
COVID19

