



Is your child feeling a little COVIDy?

One COVID symptom--even a mild one--can lead to a big outbreak, especially at school.

Help us prevent outbreaks and stop the spread of COVID19 by checking your child for symptoms every day.



Keep them home if something's not quite right.

Its better to be safe and stay home. Call your doctor if symptoms don't improve or get worse

Check for the symptoms listed below. Look for signs that your child has something going on that is out of their "normal" like a worse than usual cough or breathing issue, or out of the ordinary stomach troubles.

COVID19 Daily Health Check

Keep your child home from school

and call your doctor if they have **any** of these symptoms



COVID 19 Symptoms

- ✓ Temp of 100 degrees or higher
 - ✓ Sore throat
 - ✓ New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
 - ✓ Diarrhea, vomiting, or abdominal pain
 - ✓ New onset of severe headache, especially with fever
 - ✓ Loss of taste or smell
 - ✓ Close contact with a person diagnosed with COVID19
- close contact means within 6 feet of an infected person for at least 15 minutes